



Name: _____ Date: _____

Marital Status: Single Married Widowed Divorced
Health of Spouse: Good Fair Poor
List Household Members: _____

Your Occupation(s): _____
Your Exercise Routine: _____
Sleep (hours per night): _____
(For the items below, list the type you use & how much per day)
Sleeping Aids: _____
Alcohol: _____
Tobacco: _____
Caffeine: _____

Do you have a living will? Yes No
Do you wish to have one? Yes No
Have you ever abused alcohol/drugs Yes No

Table with columns for 'Have you ever had:' (Yes/No) and 'Operations:' (Yes/No/Year). Rows include Anemia, Arthritis, Asthma, Back Trouble, Bladder Infection, Bleeding Tendency, Blood Transfusion, Bronchitis, Cancer, Diabetes, Diphtheria, Glaucoma, Emphysema, Hay Fever, Heart Disease, Hemorrhoids, Hepatitis, High Blood Pressure, Hives, Infectious Mono, Kidney Disease, Malaria, Measles, Meningitis, Mumps, Whooping Cough, Pleurisy, Pneumonia, Polio, Rheumatic Fever, Thyroid Disorder, Tuberculosis, Exposure to TB, Ulcer, and Other Illnesses.

Table with columns: 'MEDICINES TAKEN REGULARY' and 'REASON'. Multiple rows for listing regular medications and their reasons.

Table with columns: 'MEDICINES/SUBSTANCE ALLERGIES' and 'REACTION'. Multiple rows for listing allergies and reactions.

Table with columns: 'FAMILY HISTORY: Has any blood relative had the following:' (Yes/No) and 'Relation'. Rows include Alcoholism, Anemia, Arthritis, Asthma, Bleeding Tendency, Cancer, Chronic Lung Disease, Depression, Diabetes, Hay Fever/Allergies, Heart Disease, High Blood Pressure, Kidney Disease, Leukemia, Mental Illness, Migraine Headache, Obesity, Peptic Ulcer, Seizures, Stroke, and Thyroid Problems.

Table for 'Relative' health status. Columns: 'IF LIVING, HEALTH' (Age, Good, Fair, Poor) and 'IF DECEASED' (Age(at death), Cause of death). Rows for Father and Mother.

Table for 'Brother/Sisters (circle sex)'. Columns: Sex (M/F), Age, Good, Fair, Poor, Age(at death), Cause of death. Multiple rows for listing siblings.

Table for 'Children (circle sex)'. Columns: Sex (M/F), Age, Good, Fair, Poor, Age(at death), Cause of death. Multiple rows for listing children.