

Have you recently had any of the following: Circle "Y" (yes) or "N" (no); if in doubt, leave blank.

General

Tire easily, weakness Y N
 Marked weight change Y N
 Night sweats Y N
 Persistent fever Y N
 Sensitivity to heat Y N
 Sensitivity to cold Y N

Skin

Eruptions (rash) Y N
 Change in color Y N
 Change in hair Y N
 Change in nails Y N

Eyes

Trouble seeing Y N
 Eye pain Y N
 Inflamed eyes Y N
 Double vision Y N
 Worn glasses/contacts Y N

Ears

Loss of hearing Y N
 Ringing in ears Y N
 Discharge Y N

Nose

Loss of smell Y N
 Frequent colds Y N
 Obstruction Y N
 Excess discharge Y N
 Nosebleeds Y N

Mouth

Sore gums Y N
 Soreness of tongue Y N
 Dental program Y N

Throat

Postnasal drainage Y N
 Soreness Y N
 Hoarseness Y N

Breast

Lumps Y N
 Discharge Y N

Cardio-Respiratory

Cough, persisting Y N
 Sputum (phlegm) Y N
 Bloody sputum Y N
 Wheezing Y N
 Chest pain/discomfort Y N
 Pain on breathing Y N
 Shortness of breath Y N
 Difficulty breathing while lying down Y N
 Swelling ankles Y N
 Bluish fingers or lips Y N
 High blood pressure Y N
 Palpitations Y N
 Vein trouble Y N

Digestive System Indicate average food selection each meal:

Breakfast _____
 Lunch _____
 Dinner _____
 Change in appetite Y N
 Difficulty swallowing Y N

Digestive System (it.)

Heartburn Y N
 Abdominal distress Y N
 Belching or excess gas Y N
 Abdominal enlargement Y N
 Nausea Y N
 Vomiting Y N
 Vomiting of blood Y N
 Rectal bleeding Y N
 Tarry stools Y N
 Dark urine Y N
 Jaundice Y N
 Constipation Y N
 Diarrhea Y N
 Hemorrhoids Y N
 Need for laxatives Y N

Genitourinary System

Increase in frequency of urination (day) Y N
 Increase in frequency of urination (night) Y N
 Feel need to urinate without much urine Y N
 Unable to hold urine Y N
 Pain or burning Y N
 Blood in urine Y N
 Impotence Y N
 Lack of sex drive Y N
 Pain with intercourse Y N

Endocrine

Thyroid trouble Y N
 Adrenal trouble Y N
 Cortisone treatment Y N
 Diabetes Y N

Musculoskeletal

Muscle cramps Y N
 Muscle weakness Y N
 Pain in joints Y N
 Swollen joints Y N
 Stiffness Y N
 Deformity of joints Y N

Nervous System

Headaches Y N
 Dizziness Y N
 Fainting Y N
 Convulsions or fits Y N
 Nervousness Y N
 Sleeplessness Y N
 Depression Y N
 Change in sensation Y N
 Memory loss Y N
 Poor coordination Y N
 Weakness or paralysis Y N

GYN-OB

Started menstruating at age _____ Date of last PAP test _____
 Abnormal PAP (date) _____ Treatment _____
 Interval between periods _____ days Period length _____ days
 Flow: light normal heavy Pain with periods: yes no
 Date of last period (1st day) _____
 Number of pregnancies _____ Number of miscarriages _____
 Number of births _____

Physician's Signature _____

Date _____